



THE PROBIAN

Newsletter of Lane Cove Combined Probus Club Inc. A club for the retired and semi-retired.

Club Website: www.probuslanecove.org

Welcome to the September 2023 Edition of the PROBIAN

PRESIDENT'S REPORT, September 2023

Fun and Friendship in Retirement!

Six members of the Club attended a recent Probus Management Meeting in Waitara and I have provided a summary of the Meeting in this issue of the Probian.

Twenty-nine members enjoy a delicious lunch at 'Two Brothers' after the last meeting - that's a record!



Nineteen members participated in the August Opal Card + Lunch. That was also a record.

It's wonderful to see the level of involvement and is a positive sign for the future of our Club. Keep providing good ideas to the Committee for outings you'd enjoy.

Judi Gowing

BIRTHDAYS

Happy birthday to member Denis Smith and life member Brian Strawbridge.

TREASURER'S REPORT

Cash at Bank – \$4919.65

GUEST SPEAKER

This month the Guest Speaker will be Ian Burnet.

Ian will give a talk on the Tasman map. Over period of only 40 years from 1606 until 1644, and based on the 16 Dutch separate discoveries, the first map of Australia took shape. The Tasman map shows a recognisable outline of the north, west and south coast of Australia which were not to change for another 125 years until the British explorer James Cook, mapped the east coast of Australia.

MEMBERSHIP REPORT

The Club currently has 51 members.

DATES FOR YOUR DIARY

MONDAY, 11th September –10am General Meeting followed by Lunch at La Piazza.

FRIDAY, 29th September Opal Card + Lunch Outing

Outing to La Perouse Gallery via Public Transport – followed by Lunch at The Boatshed. <https://www.theboatshedlaperouse.com.au/>

Meet at Kingsford Bus Terminal at 11am, which is the last stop of the Light Rail (L3).

The group will then catch the Bus 390X together to La Perouse Gallery. Names to Judith so a lunch booking can be made. Lunch will be 12:30pm.

MONDAY, 9th October, 10am General Meeting

MONDAY, 23rd October, Bowls and BBQ to celebrate Probus Month

PROBUS MANAGEMENT MEETING

Six members of the Club attended the recent Information Day hosted by Probus South Pacific Ltd at Magpies Waitara. It was an exceptionally well organised day with about 100 Probus members in attendance. President Judi, Bruce, Treasurer Louis, Pam, Trip Co-ordinator Lesley and Secretary, Judy represented our Club. Each of those members learnt new things about Probus and networked enthusiastically with Members of other Probus Clubs from the Northern Suburbs.

As well as some Management Tips for Committee Members, there was a comprehensive session featuring four Travel Partners who presented information about Tours to all parts of the Globe. Those Companies were APT, Aussie Outback Tours, Trade Travel Group and Coal Coaches (Tour Tasmania). Here is a link to the Outback Aussie Tours for your information: <https://outbackaussietours.com.au>

Each of these providers offer Discounted Rates for Probus Members, which our members found very interesting.

An after-lunch session featured group discussions on various roles on the Probus Club Management Committees. There was plenty of robust discussion.

The representatives of our Club found it an informative and worthwhile outing.



Know your Members!

Pam Kepert

I was born in 1945 at the Crown Street Women's Hospital in Sydney. My parents met and married in Parkes where they both lived. They had moved to Penrith before I was born. I am the eldest of four children. My mother came from the family farm and my father worked in the ammunitions factory in Parkes during the war. My younger sister was diagnosed with breast cancer at the age of 34 and died in 1990 when she was just 39 years. She left behind a husband and twins.

I had an ambition of being a teacher but ended up joining the Bank of New South Wales at Wales House in the CBD. My eventual father in-law also previously worked in this building as it was the old Sydney Morning Herald building. I was very happy working in the Bank and spent 6 years at the Bank's Auburn Branch which had around 30 staff members at the time. I was then transferred to the Bank's Penrith Branch in 1967 which had 44 staff members, and this is where I met Louis who was also transferred to this Branch from Narrandera.

Louis ultimately enticed me away from the Banking Chamber and led me to the Altar in 1970. I left the Bank after 11 years to have Darren in 1972. Our daughter, Melissa was born in 1975. We lived in Penrith until Louis received a promotion to work in Canberra in 1985. We purchased a house in Kaleen so Darren and Melissa could attend Lyneham High School which was regarded as the best school in Canberra at the time. Just after moving into our new home, the World Games were staged in Canberra and Darren was chosen to take part in the opening ceremony at the Bruce Stadium. Both our children did very well in their studies in Canberra and we all enjoyed the lifestyle that Canberra had on offer. Many of our Sydney friends were often coming down to stay with us on weekends. Darren played tennis and loved playing golf with Louis on the weekends. Melissa played netball and was a good runner, often going to the Bruce Stadium. With over 200 kms of cycle tracks in Canberra, many bike outings were made. Orienteering with our neighbours was also a popular pastime. Both children secured jobs at the local McDonald's store in Dickson after school. In my younger days, I played hockey, tennis and enjoyed physical culture.

I did not return to paid work after I had the kids but did a lot of voluntary work such as meals on wheels and other work in regard to under-privileged children. I worked in canteen and reading classes at four different schools. I joined VIEW Club who work for the Smith Family and have now been a member for 48 years.

When Louis was promoted back to Sydney, we decided to build a new home in Faulconbridge on two and half acres. It had views to the buildings in the CBD, North Sydney, Chatswood, and the Sydney Harbour Bridge. We lived there for nearly 30 years. The train trip to and from Sydney back then in peak hour had stops at Faulconbridge, Springwood then non-stop to Central (The Fish) and took about 65 mins. Now that this train has gone, the trip is now 90 minutes with numerous stops.

Our daughter decided to obtain a work visa to holiday and work in London in 1997. She said she would be back in 12 months. She came back 3 years and 3 months later as her employer sponsored her to stay beyond her visa term. Evidently companies in the UK love Aussies working for them.

When Melissa returned, she had Paul in tow. They married in Hunters Hill in 2007. They have given us two beautiful grandchildren which are close by in Lane Cove.

In early 2020, we decided to downsize in house and land size, so it was an easy choice to decide on Lane Cove.

As Darren has introduced himself to our Probus members at the August General Meeting, then it saves me commenting on him further.



I keep in contact with several previous neighbours and school friends. My main hobby now is family history research to keep the brain active. The grandchildren are also a bonus at this stage of my life. I am certainly happy to be a member of Lane Cove Probus.

UPCOMING ACTIVITIES

OCTOBER

Monday, 23rd - 11am

Celebrate International Probus Month

Bowls & BBQ at Lane Cove Bowling & Recreation Club. BBQ \$15 Bowls add \$5. Names to Lesley please – pay on the day!

NOVEMBER

Monday, 20th 9am – 5pm

Western Sydney Airport Experience

22 seats – morning tea & lunch included in cost of \$85.00.

Tour of the Western Sydney Airport. Payment will be non -refundable.

Payment due 25th September.

RECENT OUTINGS

On Friday, 25th August, nineteen members enjoyed a delicious lunch at Kadmus Lebanese Restaurant at Drummoyne. It was an easy Opal Card outing on the Bus 530! There was lots of friendly chatter and camaraderie. It was the best attended Opal Card + Lunch Outing for a couple of years! Thanks Louis for the photo!



MINUTES OF LAST GENERAL MEETING

Welcome to attendees.

APOLOGIES

Helen Springer, Susie Shatwell, Mary Newhouse, Naida Moore, Diane Wathen, Denis Smith.

WELCOME VISITORS

Ann & Warwick Dempsey
Julie Cogley

Judi reported Members attended an enjoyable Parliament morning tea, with Christmas theme thrown in.

Lesley reported that previous Guest Speaker, Jim Roberts completed recent City to Surf. A great achievement indeed. He has competed in the Event 16 times. He is a member of the Elite group.

Sandra reported on the OnCourse trip to Bowral. It was a success with interesting driver & activities. Yulefest was very nice, next day we went to Berrima and lunch at Camden.

Lunch today is at TWO BROTHERS

- Minutes of July General Meeting as per Probian,
Moved- Pam Kepert seconded by Maria Schattiger

BIRTHDAY DRAW - Beth Kannegieter

REPORTS:

TREASURER'S REPORT – Louis Kepert
\$4648.38 balance

TRIPS -Lesley/Judith

Outings-

- Kadmus lunch -11.55 from PO via bus, finalising booking today.
- La Perouse - light rail from Wynyard, to Kingsford, bus 390x;
- Trip to International Western Airport, Badgery's Creek with OnCourse Tours. Payment non-refundable \$85.00. Pay online or cash, Nepean Rowers for lunch! Historic house & gallery. Judith has list for both outings.
- Bowls & BBQ Day - 23/10 /23 – International Probus Month

MEMBERSHIP REPORT - Sandra

51 members

SPEAKERS – Daphne

All booked for the year.

WELFARE – Elizabeth

None

- HEADS & TAILS – winner Paul Shea
- RAFFLE DRAW – winner Lesley

GENERAL BUSINESS

- Next Meeting 11th September 10am

MORNING TEA

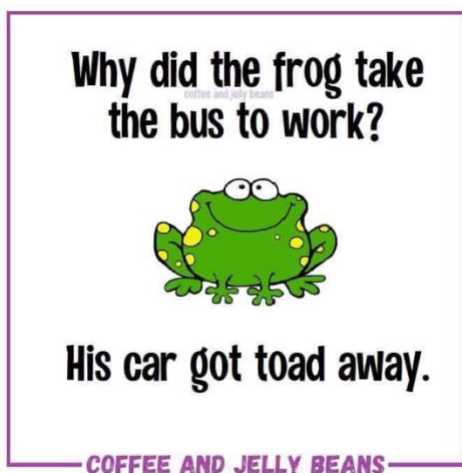
SPEAKER – Darren Kepert
Road trip Sydney to Cooktown, QLD
for Cooktown Festival & family.

MEETING Closed.

BAND PERFORMANCES

One-hour performances at St. Andrew’s Cathedral are free and run from 12:30 to 1:30 on the following dates:

November 1 st – Navy Band	November 29 th – Navy Band
November 22 nd – Police Band	December 13 th – Police Band



COOKIE RECIPE FROM OUTBACK AUSSIE TOURS – Smithy & Sue

Queensland Brownies

Ingredients

1 cup of plain flour
3/4 cup self-raising flour
2 tablespoons cocoa
1¾ cups of brown sugar
150 grams butter
375 grams choc melts
4 eggs, beaten
1 teaspoon vanilla
1/2 cup currants (soaked in Bundaberg Rum for a couple of days)
250 g glacé ginger
250 grams macadamia nuts, crushed
250 grams choc bits



Method:

Preheat oven to 160 degrees.
Grease & line a lamington tray.
Mix together dry ingredients.
Melt butter and choc melts, add to dry ingredients.
Add eggs, mix well.

Add in vanilla, ginger, nuts, choc bits and currents (with their rum).
Mix well, pour into tray and bake approx 45 mins.
Indulge and enjoy!

Committee		
President Judi Gowing 0419284262	Vice President	Membership Sandra Barber
Secretary Judy Slatyer	Hon. Treasurer Louis Kepert	Probian Editor Judi Gowing
Guest Speakers Daphne Brady	Day Trips Lesley Pike / Judith Mayer	Welfare Elizabeth Howard 0410505001 Social Co-ordinator Rosemary Taylor

Contact us: [CONTACT | Probus Lane Cove](#)

Members are encouraged to invite guests to attend meetings and to make them feel welcome so that they might enjoy our friendship. Guests may belong to more than one club. We meet at Lane Cove Bowling and Recreation Club at 151 Burns Bay Road, Lane Cove at 10.00am on the second Monday each month.
Postal address: PO Box 1028, Lane Cove, NSW 1595
Website address: <https://probuslanecove.org>

All members are asked to consider their personal capabilities before undertaking any activities with the Club. This includes all housekeeping activities, meetings, venues or anywhere else requiring physical effort and is extended to include all organised Club activities, Tours or Outings. It is each individual member's responsibility to ensure they are physically capable of undertaking or being able to participate.